

甚麼是ABA？

ABA全稱是Applied Behavior Analysis，中文為「應用行為分析」。

ABA應用行為原理 (例如：強化, 塑造, 提示, 任務分析等) 幫助孩子學習日常生活中的必要技能, 使得他們在短期和未來變得更加獨立和成功。

ABA是教授患有自閉症和其他特殊教育需要孩子實證有效的科學治療方法。

應用行為分析治療



關於我們

Sprout in Motion 小黃屋兒童發展中心是一個跨領域的專業團隊，致力為香港及大灣區患有自閉症、過度活躍症、學習障礙和情緒社交出現困難的兒童及青少年和他們的家庭提供支援。我們的服務包括：臨床心理治療及評估、教育心理評估、職業治療、言語治療、應用行為分析治療、心理輔導和藝術治療等。



免費試堂

+852-2563 4800

enquiries@sprout.hk

www.sproutinmotion.com



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香港黃竹坑道21號 環匯廣場 10 樓 1006室





一對一 ABA治療課程套餐

- 2小時/節課（早上或下午）
- 年齡：2 - 6歲
- 有效提升孩子日常生活中的必要技能及減少問題行為
- 課後與父母或照顧者溝通孩子表現
- 提供每月臨床數據進展報告
- 每週由認證行為分析師督導治療進程
- 套餐已包含行為評估及個別教育計劃
- 報讀套餐課程前需要通過面試篩選
- 港幣28,000 / 4週 / 共40小時（每週5節課）
- 港幣25,000 / 4週 / 共32小時（每週4節課）



入學準備小組課程套餐

- 2小時/節課（早上或下午）
- 年齡：3 - 6歲
- 每組人數為 2 - 6人
- 為孩子進入主流學校前做好充分準備
- 課後與父母或照顧者溝通孩子表現
- 每週由認證行為分析師督導治療進程
- 報讀套餐課程前需要通過面試篩選
- 港幣20,000 / 4週 / 共40小時（每週5節課）
- 港幣18,000 / 4週 / 共32小時（每週4節課）



一對一 ABA治療



- 治療次數根據個案情況而定
- 年齡：2 - 10 歲
- 有效提升孩子日常生活中的必要技能及減少問題行為
- 課後與父母或照顧者溝通孩子表現
- 定期提供臨床數據進展報告
- 定期與家長進行個案會議
- 包含行為評估及個別教育計劃
- 認證行為分析師：港幣1,500 /小時
- 行為治療師：港幣1,000 /小時



入校觀察與諮詢



- 由認證行為分析師入校進行觀察（每次至少2小時）
- 觀察學生在校表現並與相關教師進行溝通
- 與家長和教師召開會議反饋觀察結果並提供建議
- 提供觀察簡報
- 港幣1,500 /小時
- 會額外收取每小時港幣750交通費用

ABA培訓



- 由認證行為分析師為家長、照顧者或影子老師提供 ABA培訓工作坊
- 掌握並應用基本ABA原理和技巧提升孩子日常生活中的必要技能並減少問題行為
- 為孩子設定治療目標及撰寫個別教育計劃
- 培訓時長總共20小時（連續4個週末，每次5小時）
- 港幣1,500 /小時





About Sprout

Sprout in Motion is a multidisciplinary team of clinical psychologists, educational psychologists, mental health counsellors, speech therapists, occupational therapists, ABA therapists, and other specialists with extensive experience in autism spectrum disorders (ASD), ADHD/ADD, and mood disorders. We support children, adolescents, and families in HK and Greater Bay area by providing psychoeducational assessments and testing, mental health counselling, speech and language therapy, occupational therapy, applied behavioural analysis (ABA), and arts therapy.

What is ABA?

Applied Behavior Analysis (ABA) is the application of behavioral principles such as positive reinforcement, shaping, prompting, task analysis, etc. These ABA procedures are evidence-based and founded on scientific research.

ABA helps children work on core skills to become more independent and successful in the short term as well as in the future.

ABA is the most effective method to teach children with autism and other special education needs.



ABA THERAPY



Free trial lesson

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1006 Global Trade Square 21 Wong Chuk Hang Road





One-on-One ABA Package

- 2 hours per session (morning or afternoon)
- Age 2 - 6 years old
- Improve child's essential skills and reduce problem behaviors
- Progress update with parents or caregiver after each session
- Provide monthly progress reports with clinical data
- Sessions are supervised by BCBA each week
- Include behavior assessment and Individualized Education Plan (IEP)
- An interview screening is required prior admission
- HKD28,000 / 4 weeks / total 40 hours (5 sessions per week)
- HKD25,000 / 4 weeks / total 32 hours (4 sessions per week)



School Readiness Group Package

- 2 hours per session (morning or afternoon)
- Age 3 - 6 years old
- 2 - 6 learners per group
- Prepare the child for mainstream school
- Sessions are supervised by BCBA each week
- An interview screening is required prior to admission
- HKD20,000 / 4 weeks / total 40 hours (5 sessions per week)
- HKD18,000 / 4 weeks / total 32 hours (4 sessions per week)



One-on-one ABA Therapy



- Treatment frequency is determined on a case-by-case basis
- Age 2 - 10 years old
- Improve child's essential skills and reduce problem behaviors
- Feedback with parents or caregivers after each session
- Provide regular progress report with clinical data
- Case meeting with parents on a regular basis
- Board Certified Behavior Analyst (BCBA) : HKD1,500 / hour
- Behavioral Therapist (BT): HKD1000 / hour



School Observation & Consultation



- School observation by BCBA (at least 2 hours each visit)
- Observe student's behavior and consult with teachers
- Feedback meeting on observation results and recommendations to parents and teachers
- Brief observation report
- HKD1,500 / hour
- A transportation fee of HKD750 per hour will apply

ABA Training



- ABA training workshop by BCBA for parents, caregivers, or shadow teachers
- Learn and apply basic ABA principles and techniques to improve your child's essential skills and reduce problem behaviors
- Select intervention goals and write Individualized Education Plan (IEP) for your child
- 20 hours of training (4 consecutive weekends, 5 hours each session)
- HKD1,500 / hour

